



Self Management Fund – update

June 2010

Aims of the fund

The Self Management Fund is available to voluntary organisations and community groups throughout Scotland. The aim is to support work to encourage people living with long term conditions to learn more about the management of their conditions and to become active partners in their own care.

The Self Management Fund encourages good practice to be shared and innovative approaches to be developed. LTCAS works with organisations who receive funding to capture learning gained through the projects and share this widely across Scotland.

Priorities of the fund

The Self Management Fund has been established by LTCAS and funded by the Scottish Government. The fund is a crucial part of allowing LTCAS to take forward the Self Management Strategy - Gaun Yersel. The aim of this strategy and hence the Fund is:

to stimulate change across Scotland so that people with long term conditions have access to the support they need to successfully manage their lives.

The Self Management Fund has been made possible through funding from the Scottish Government. £4 million is available over two financial years - £2 million across 2009/10 and £2 million across 2010/2011. Funds are available to support one or two year projects.

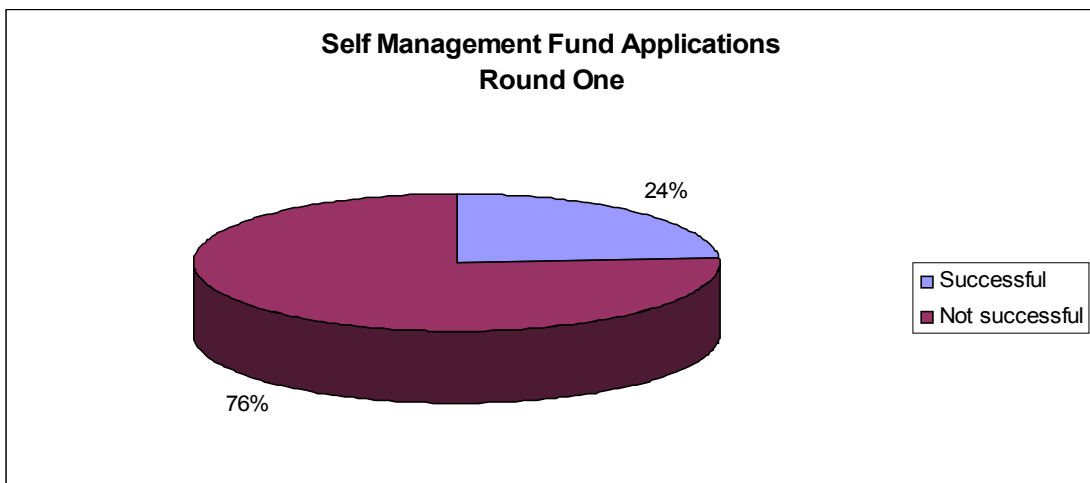
Round One

The first round of the Self Management Fund closed on 28th May 2009 and a total of 67 applications were received.

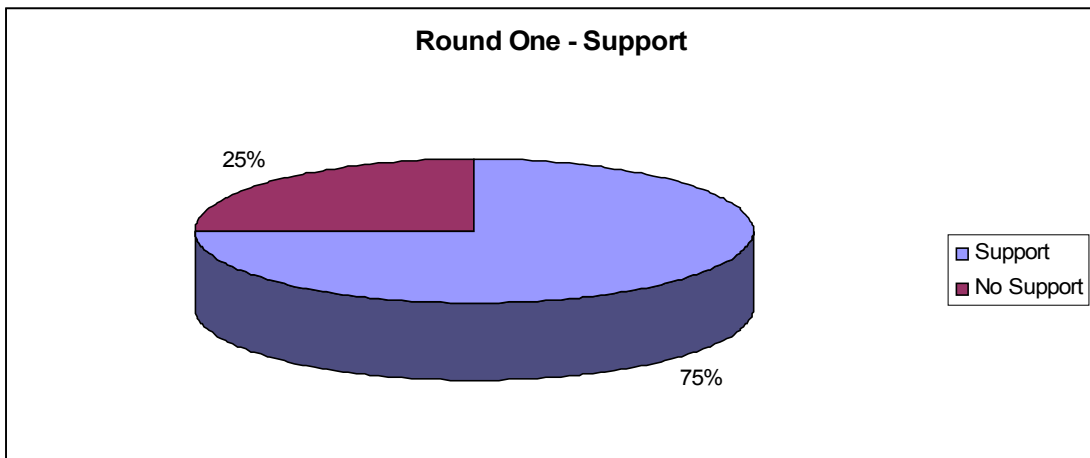
The total amount requested (over the two years of the fund) in this first round was £7.6 million.

Following initial assessments by LTCAS staff, the Grant Allocation Panel recommended **16 projects** for funding in this first round.

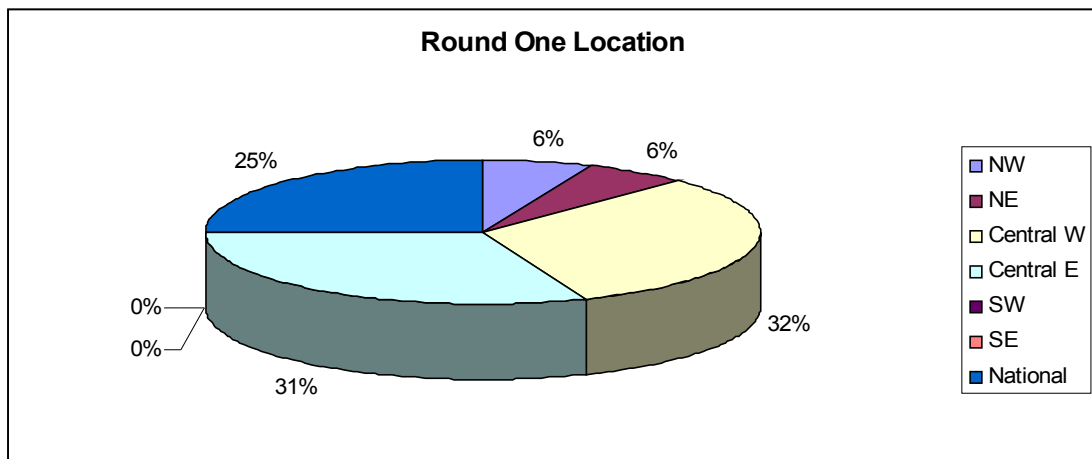
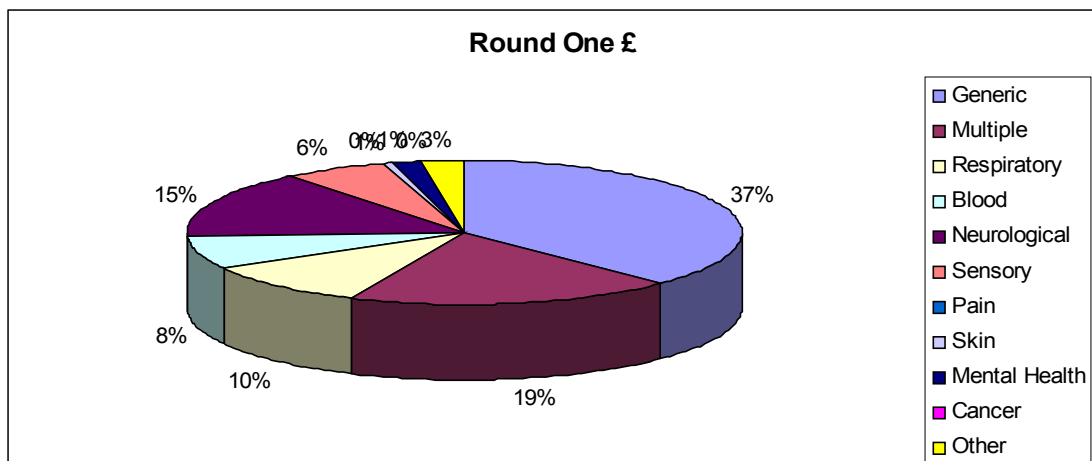
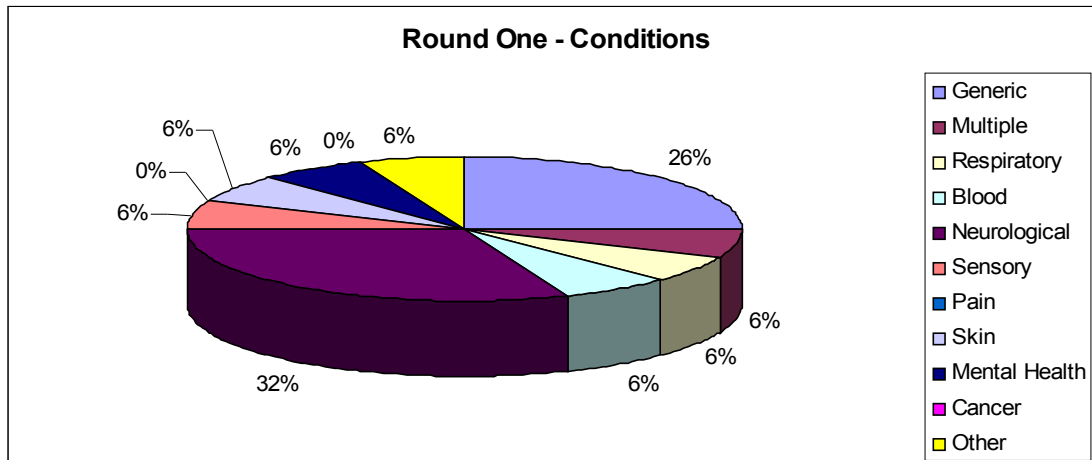
This equals a 24% 'success rate' for applications.

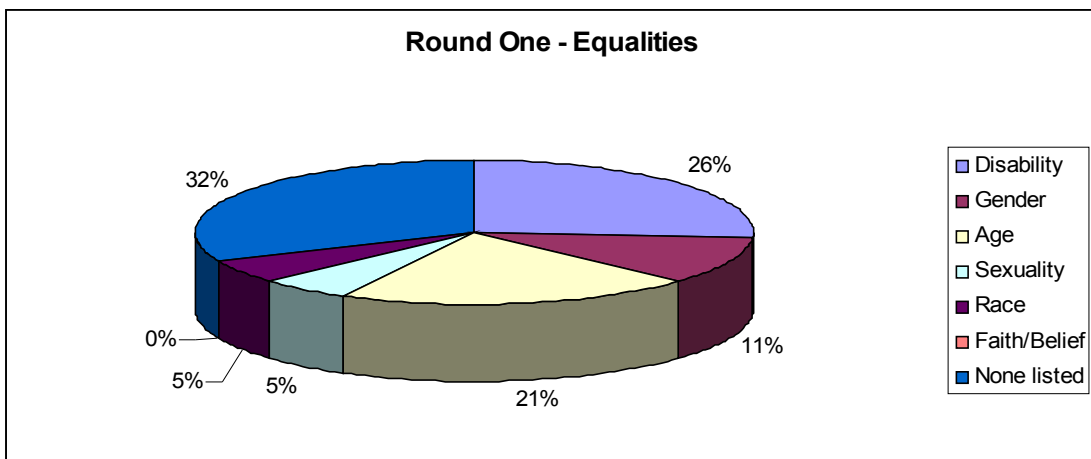
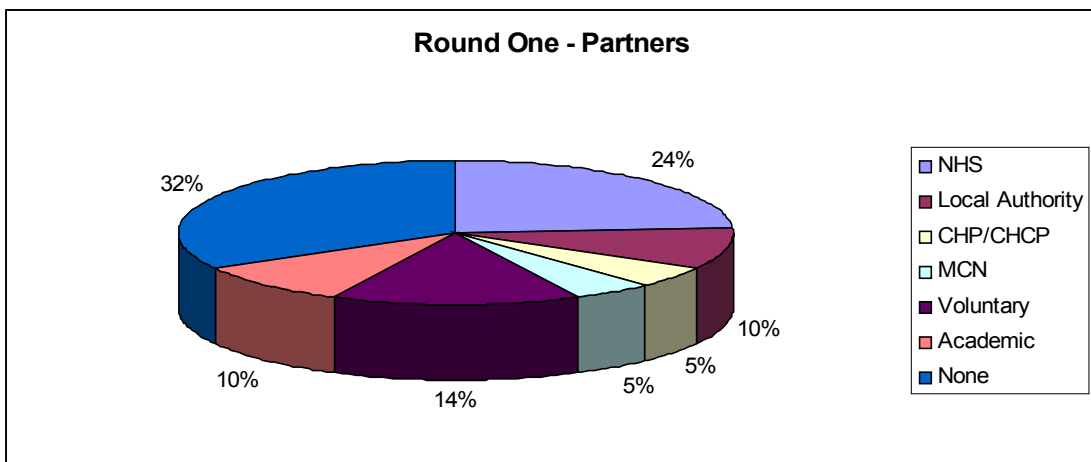
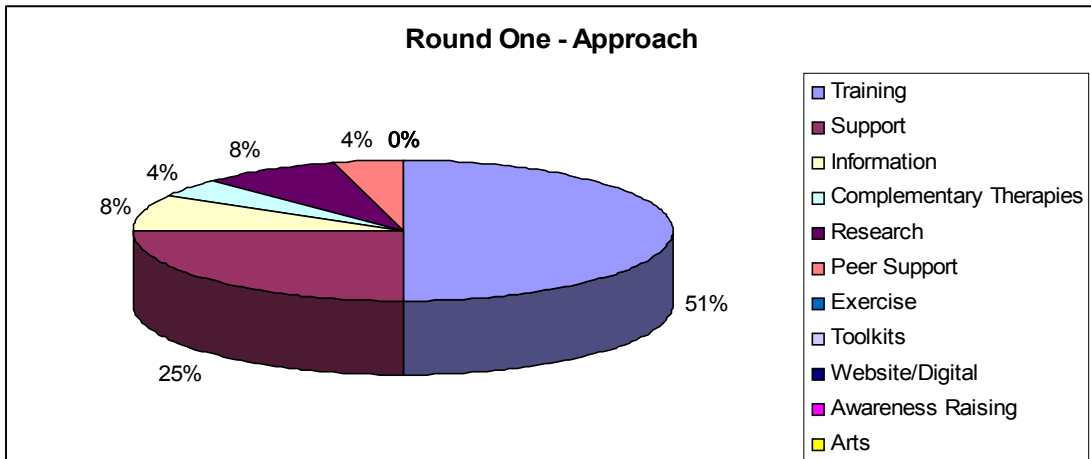


The following chart shows the percentage of successful projects who have had support from LTCAS staff prior to submission.



Summary – Round One





Further detailed breakdown is given on the next page.

The following projects were approved by the LTCAS Board in August 2009.

Organisation	Partners	Location	Condition	Equalities	Approach	£ allocated
Men's Health Forum Scotland ^	-	National	Generic	Gender	Training, support	256104
Lothian Centre for Inclusive Living ^	-	National	Generic	Disability	Telephone support	162722
PAMIS	-	Dundee/NE	Multiple - Learning Disability	Disability	Training, support	249555
Asthma UK ^	NHS CHP's MCN's Scottish Government - Education Local Authorities - Stirling, Clackmananshire, Western Isles, Flakirk, Aberdeen	Lanarkshire	Respiratory - Asthma	Age	Training, support, information	131263
Waverley Care ^	NHS (Living Well)	Central	Blood - HIV, HCV	Sexuality, Gender, Race	Training	100000
MS Society ^	Voluntary - Arthritis Care	Highland	Generic	-	Training	41050

Action for Sick Children ^	NHS Lanarkshire	Lanarkshire	Generic	Age	Training, support, information	32749
EdMESH ^	-	Lothian	Neurological - ME	-	Complementary Therapies	23330
Speakability ^	Academic – Queen Margaret University	Lothian	Neurological - Aphasia	Disability	Training, Research	43560
Dystonia Society	Voluntary – Arthritis Care	National	Neurological - Dystonia	-	Training	22105
Headway Glasgow ^	-	Glasgow	Neurological - ABI	Disability	Training	56160
Parkinsons Disease Society	NHS Voluntary – Sleep Scotland Academic – Loughborough University	National	Neurological - Parkinsons	-	Research, support	52762
Braveheart	-	Falkirk	Diabetes, Coronary	-	Training	34024
Hearing Concern Link ^	Voluntary – Deaf Connections, Lothian Deaf Counselling Local Authority – Lothian	Central	Sensory	Disability, Age	Training	78949

	Lipreading					
Pink Ladies ^	-	East Lothian	Mental Health	Age	Peer support	19280
PSALV ^	NHS Lanarkshire	Central	Skin – Psoriasis Pain	-	Training	8230
Sub-total (round one)						1311843

(Strategic grants Main grants Small grants)

(^ received support from LTCAS prior to submission)

The total amount recommended at the first round of funding was just over £1.3million, spread over the two financial years of the fund. Just under £600,000 is allocated for 2009/10 and £750,000 for 2010/11.

This left around £2.7million to be allocated at subsequent rounds.

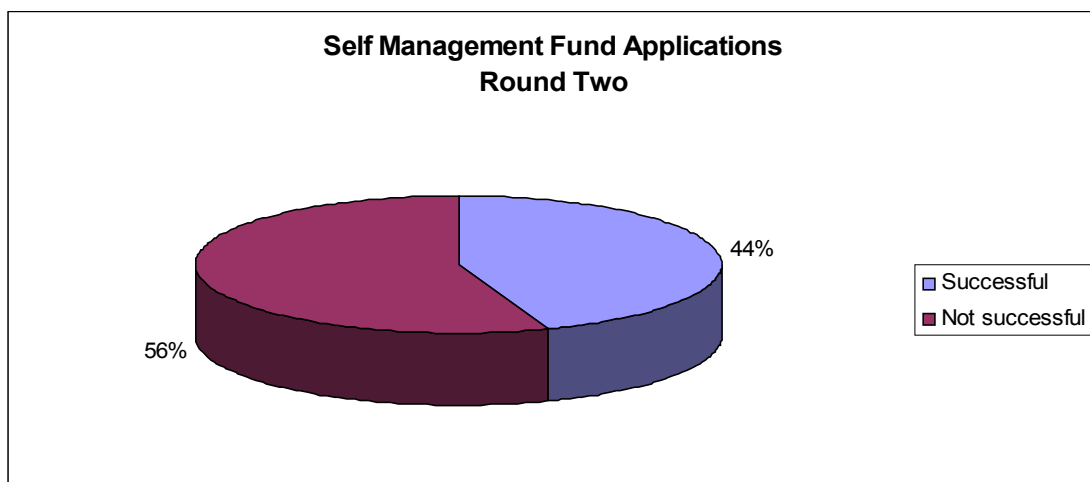
Round Two

The second round of the Self Management Fund closed on 29th October 2009 and a total of 90 applications were received.

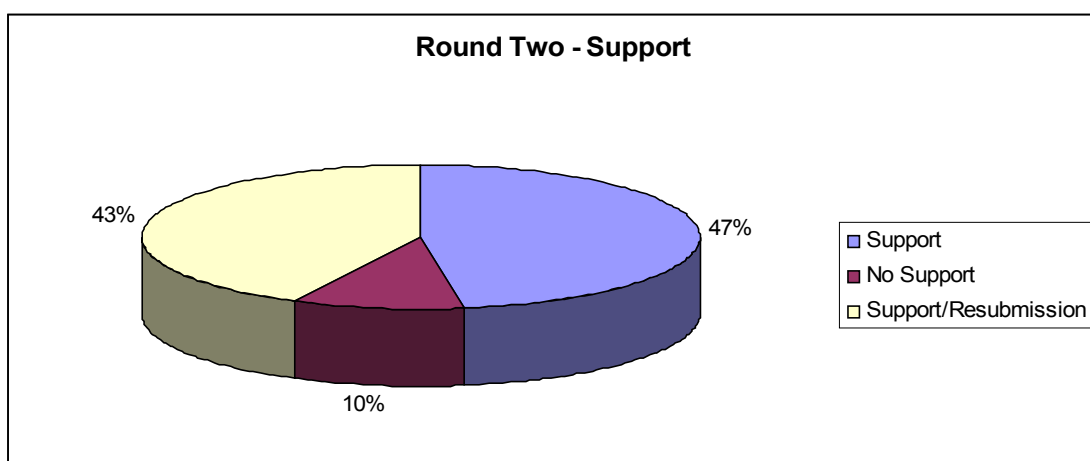
The total amount requested (over the two years of the fund) in this second round was £4.8 million.

Following initial assessments by LTCAS staff, the Grant Allocation Panel recommended **40 projects** for funding in this second round.

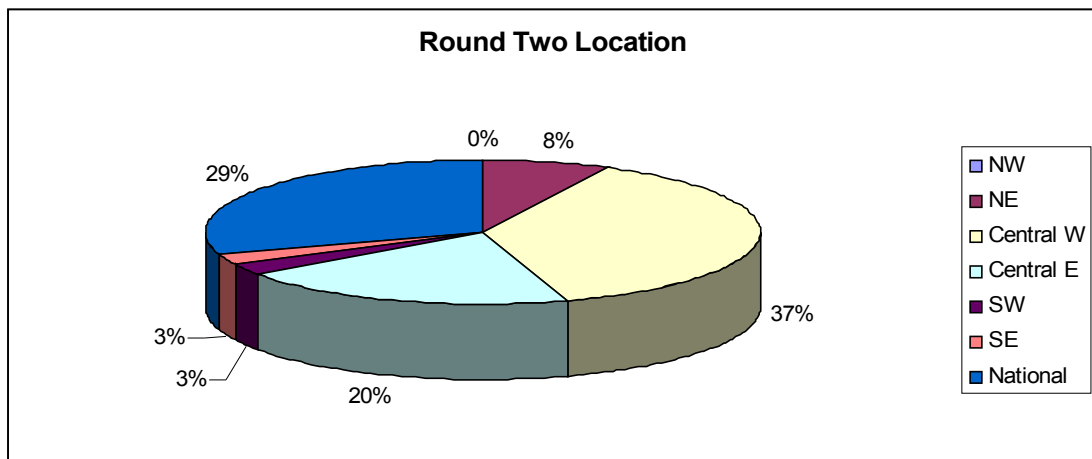
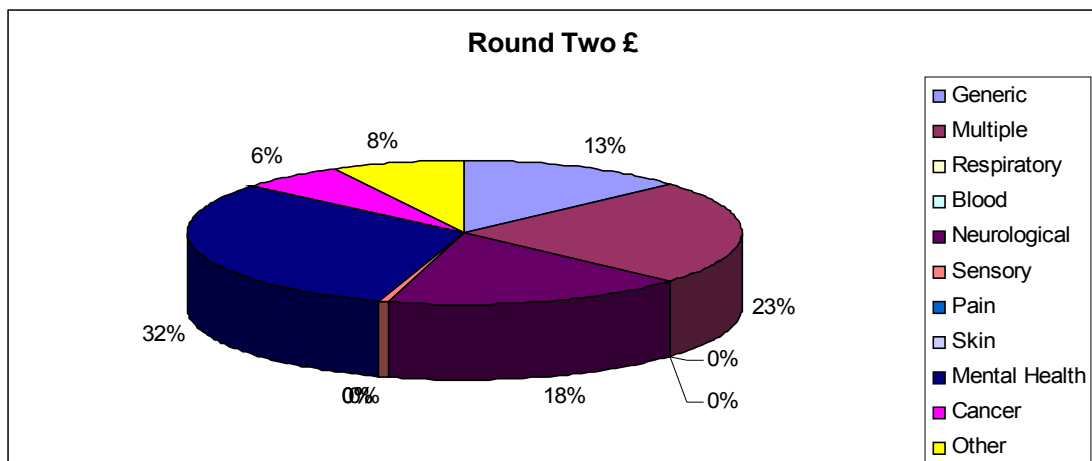
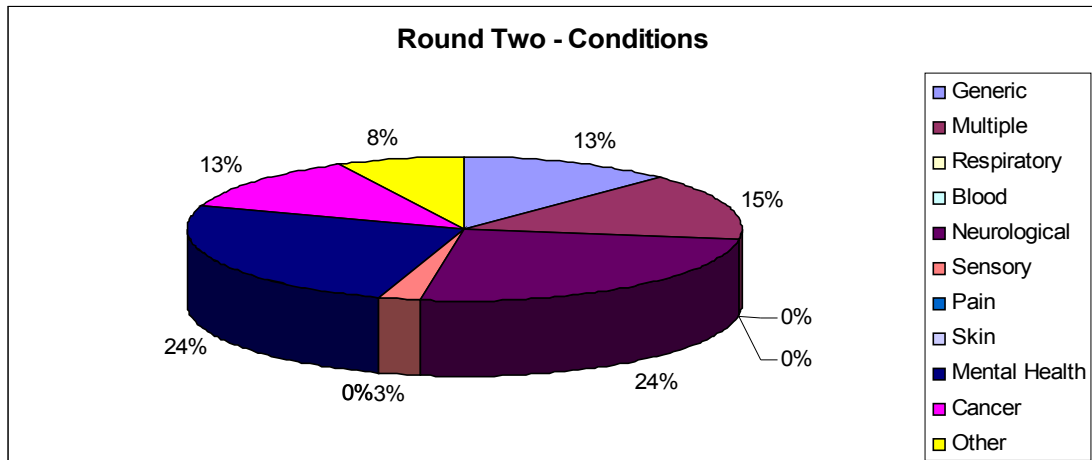
This equals a 44% 'success rate' for applications.

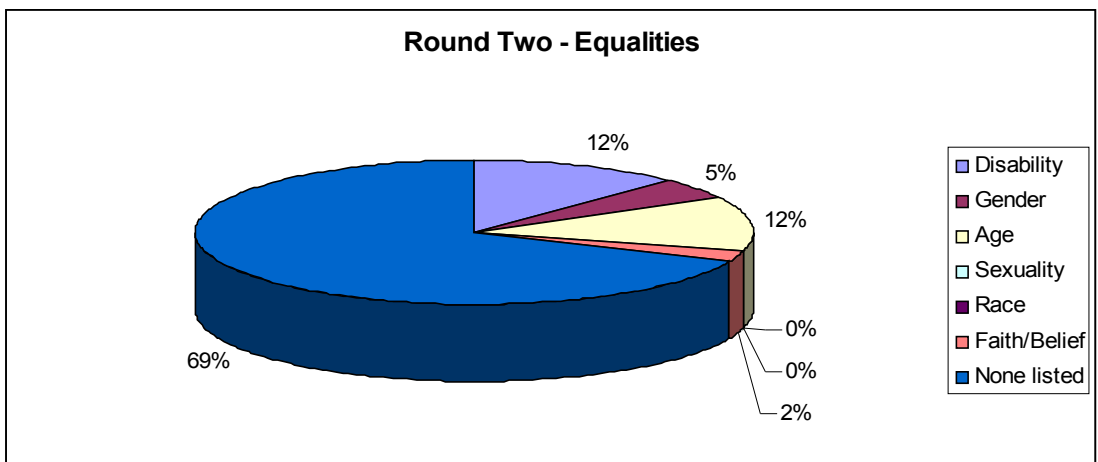
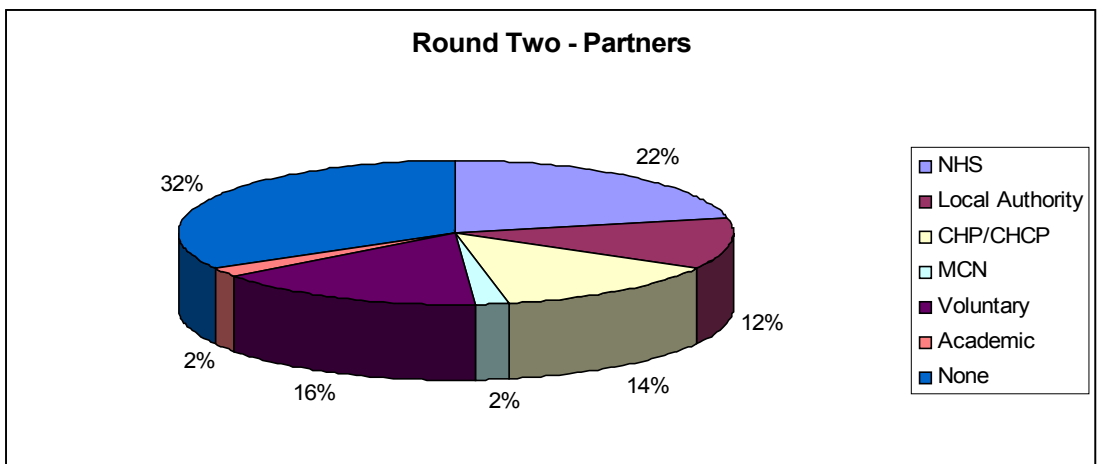
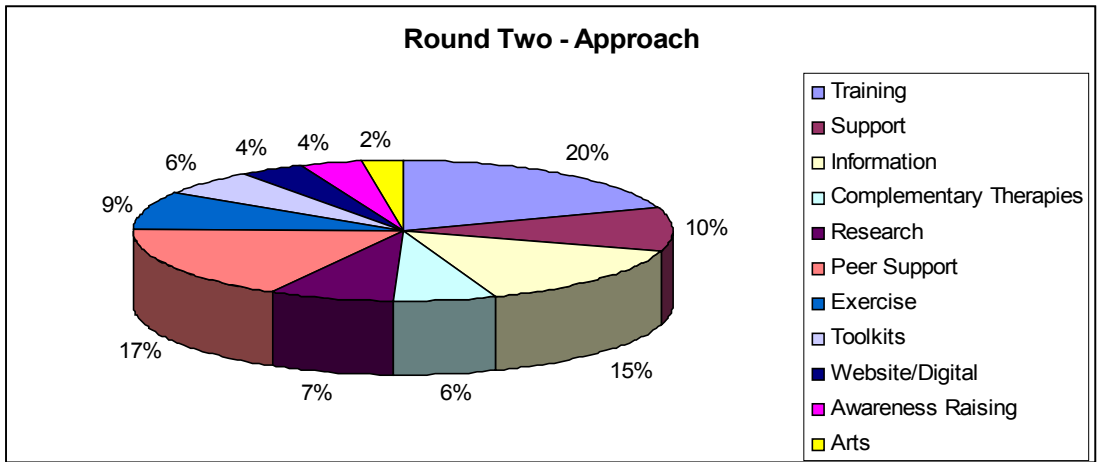


The following chart shows the percentage of successful projects who have had support from LTCAS staff prior to submission, including those who were supported to re-submit following the first round.



Summary – Round Two





Further detailed breakdown is given on the next page.

The following projects were approved by the LTCAS Board in January 2010.

Organisation	Partners	Location	Condition	Equalities	Approach	£ allocated
People First ^	-	National	Multiple – Learning Disability	Disability	Research, training, support, information, peer support	172900
SAMH *	Voluntary - Street Soccer, Aberdeen Foyer Forestry Commission	National	Mental Health	-	Research, training, support, information, peer support, exercise	267095.70
The Thistle Foundation *	Lothian CHP tbc	Lothian tbc	Multiple	-	Research, training, support, information	193265
Cornerstone *	-	National	Multiple – Learning Disability, Epilepsy and Diabetes	Disability	Toolkits	23144
Alzheimers Scotland ^	-	West Lothian	Neurological - Alzheimers	Age	Peer support, information	56037
Revive MS *	-	Glasgow	Neurological - MS	-	Training, information,	36238

					exercise	
Speakeasy ^	Voluntary – Macmillan Local Authority – North Lanarkshire	Lanarkshire	Cancer – Head and Neck	-	Training, support, exercise	16579
Clydeside Action on Asbestos *	-	Central	Cancer – Pleural Plaque	Gender	Peer support, training, complementary therapies	48517
Action ME *	-	National	Neurological - ME	-	Website, information, peer support	42240
Community Health Shop ^	-	Glasgow	Multiple - Generic	-	Complementary therapies, exercise	55000
Healthy Valleys ^	NHS Lanarkshire Local Authority – South Lanarkshire	Lanarkshire	Generic	-	Training, peer support	49690
WIN (What I Need) Project ^	Greater Glasgow CHCP	Glasgow	Mental Health	-	Training	58333
Carers of West Lothian ^	West Lothian CHCP	West Lothian	Neurological - Falls	-	Training	37617
Disability Information	NHS Local Authority –	Perth	Generic	-	Information, support, peer	37867

Support In Perth (DISIP) *	Perth & Kinross Voluntary – Arthritis Care, Pain Association, Perth Association for Mental Health				support	
Parents of Autistic Spectrum Disorder Adults (PASDA) ^	Voluntary – Autism Initiatives	Lothian	Neurological - Autism	-	Peer support	39516
Moray Carers ^	Voluntary – Princess Royal Trust for Carers	Moray	Generic	-	Digital stories	50005.56
Mental Health Foundation *	Academic – Strathclyde University NHS Greater Glasgow	Glasgow	Mental Health	-	Research	26900
Spina Bifida Association *	NHS Social Care/Leisure Professionals Voluntary – Action for Sick Children	Lanarkshire	Neurological – Spina Bifida	Age	Exercise, information, support	49940.60
Health in Mind *	Local Authority -	Lothian	Mental Health	-	Peer support,	38953

	City of Edinburgh Council NHS Lothian				training	
Diabetes UK *	Glasgow CHCP Diabetes MCN	Glasgow	Diabetes	Faith/Belief	Training, awareness raising	57550
Intowork West Lothian ^	West Lothian CHCP	West Lothian	Mental Health	-	Training	60000
Angus Cardiac Group *	Angus CHP	Angus	Coronary	-	Exercise	63000
Gorbals Healthy Living Network ^	NHS Greater Glasgow	Glasgow	Generic	Age	Toolkit	60107.3
Glasgow Association Mental Health	Glasgow CHCP Voluntary - SEAL	Glasgow	Mental Health	-	Complementary therapies	53426
Huntington's Disease Association	Voluntary – Outside the Box	National	Neurological - Huntingtons	-	Toolkit	32600
Stammering Association Scotland ^	-	National	Neurological - Stammering	-	Telephone peer support	44000
PBC Foundation *	-	National	Auto-immune - PBC	-	Information, awareness raising	32000
TLC Borders ^	Local authority – Scottish Borders	Borders	Generic	-	Peer support	53000

	NHS Borders					
Scottish Development Centre for Mental Health	-	National	Mental Health	-	Research, Peer support	30156
Mental Health Aberdeen *	-	North East	Mental Health	-	Training, support	64324
Breast Cancer Care Scotland	NHS Aberdeen, Dundee, West Lothian	National	Cancer - Breast	Gender	Training, information	39274
Ayshire Cancer Support ^	NHS Ayrshire and Arran	Ayrshire	Cancer	-	Peer support, complementary therapies, awareness raising	8525
RNIB *	-	National	Sensory - Vision	Disability Age	Toolkit, peer training	9482.78
Glasgow West Regeneration Agency ^	NHS Greater Glasgow	Glasgow	Mental Health	-	Arts	10000
Active 4 All ^	-	Glasgow	Multiple	Disability	Research, exercise	10000
Drumchapel Disabled Action 2 ^	-	Glasgow	Neurological - stroke, MS, Parkinsons	Disability	Arts, training	7500
Confer ^	-	National	Neurological -	Age	Website,	9897.6

			NF		information	
Carr Gomm *	-	Glasgow	Mental Health	-	Training, support	9710
Melanoma Action ^	-	National	Cancer, Skin	-	Toolkit, information	9452
The Haven *	NHS Lanarkshire	Lanarkshire	Multiple, Neurological	-	Complementary Therapies	9920
Sub-total (round two)						1973762.54
Running total (rounds one and two)						3285605.54

(Strategic grants Main grants Small grants)

(^ received support from LTCAS prior to submission)

(* encouraged to re-apply following round one and received support from LTCAS prior to submission)

The total amount recommended at this second round of funding is just under £2 million, spread over the two financial years of the fund. Just over £400,000 is allocated for 2009/10 and just over £1.5 million for 2010/11.

This leaves £714394.46 to be allocated in Round Three.

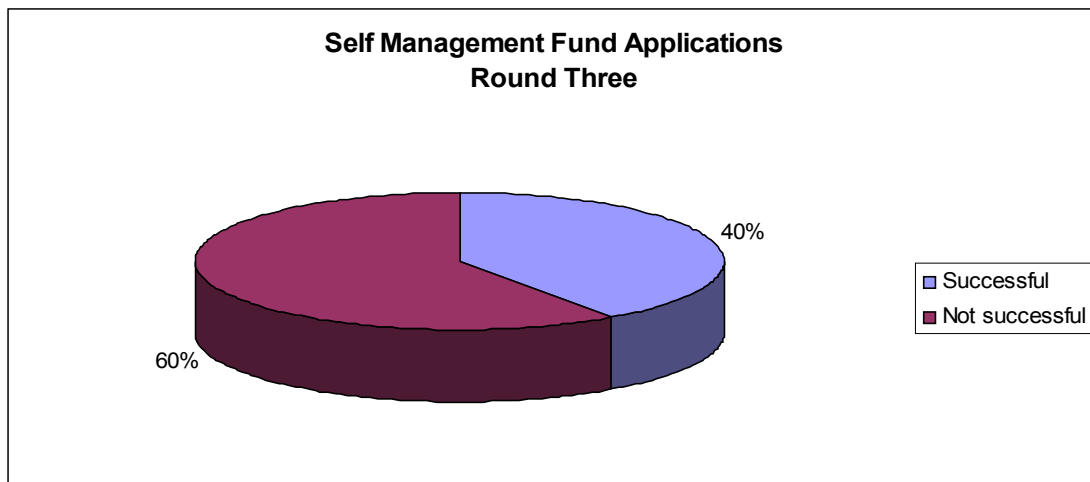
Round Three

The third round of the Self Management Fund closed on 25th March 2010 and a total of 62 applications were received.

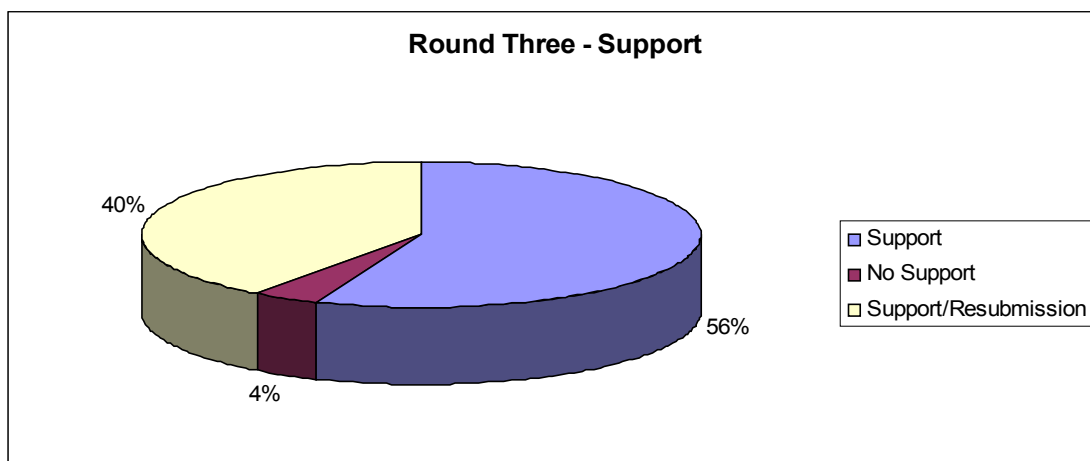
The total amount requested in this third round was £1.75 million.

Following initial assessments by LTCAS staff, the Grant Allocation Panel recommended **25 projects** for funding in this third round.

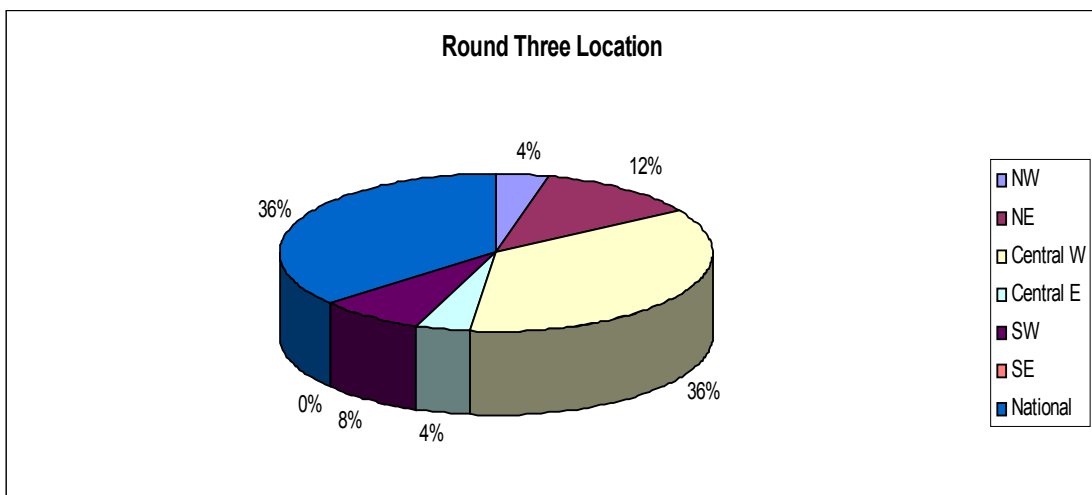
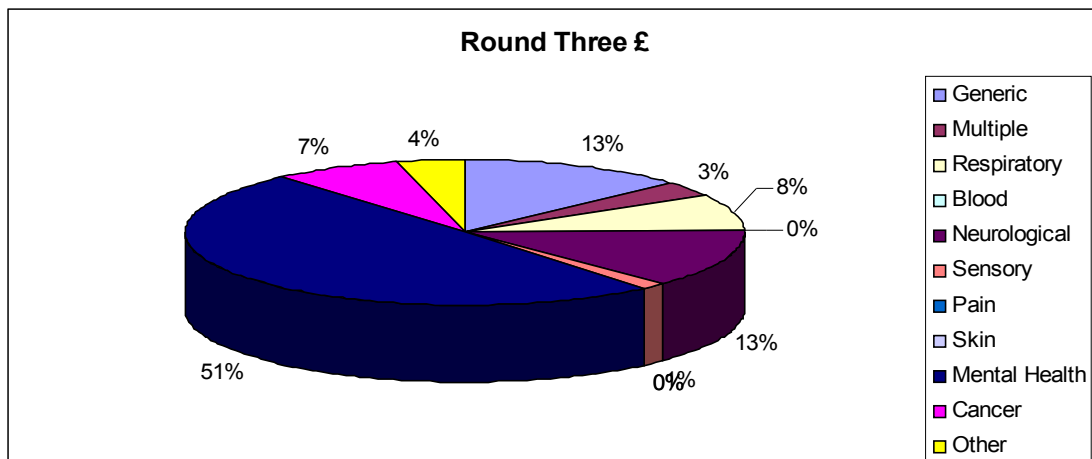
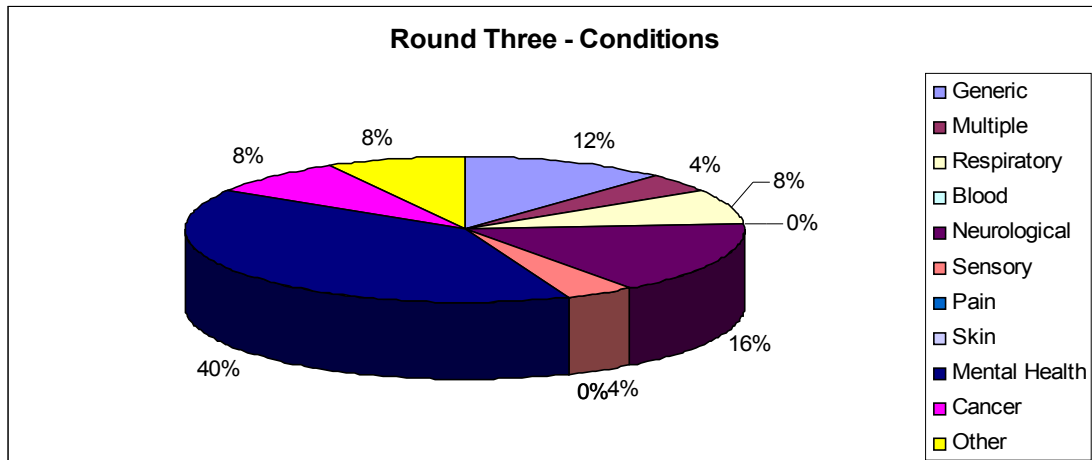
This equals a 40% 'success rate' for applications.

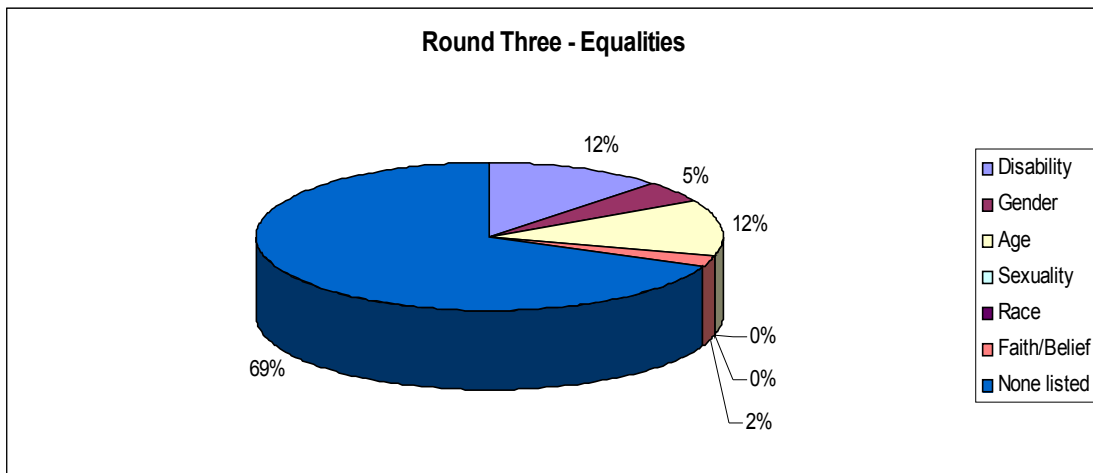
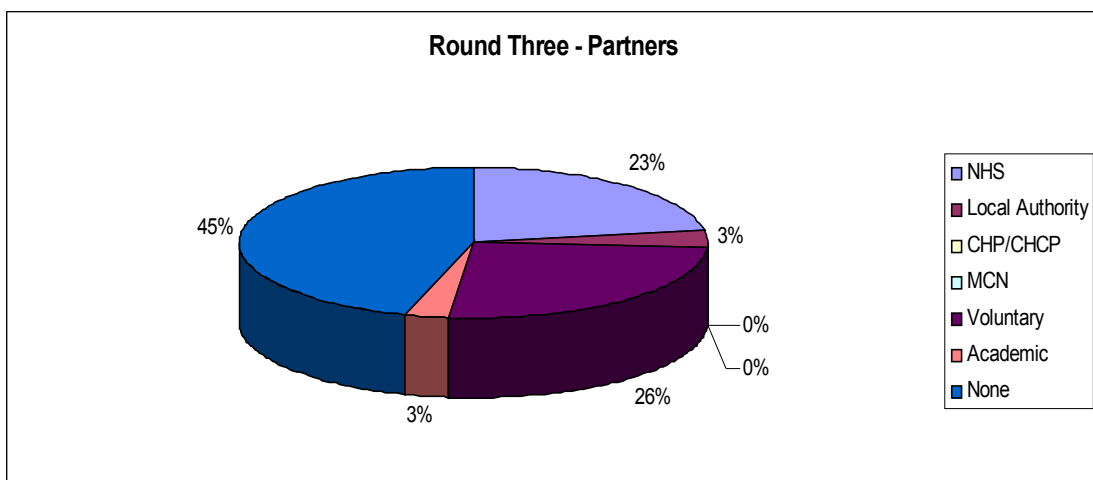
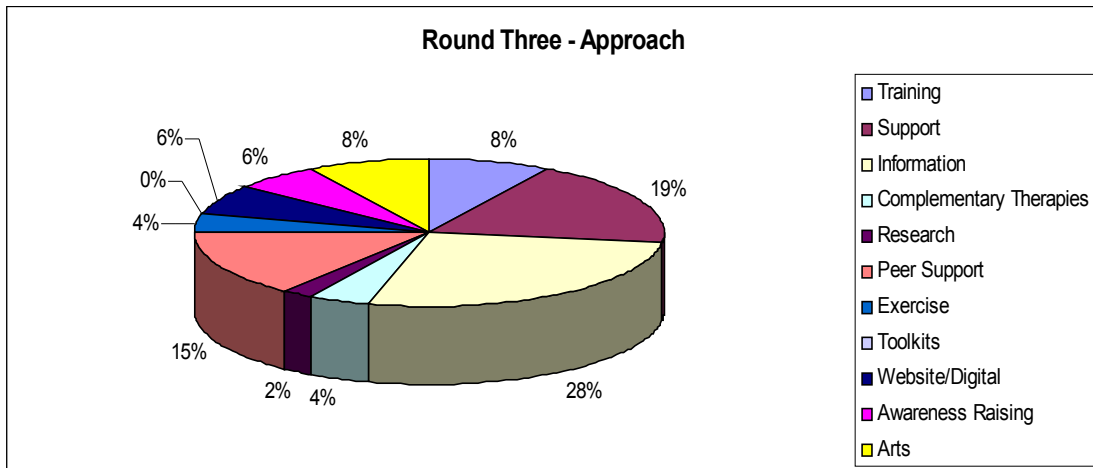


The following chart shows the percentage of successful projects who have had support from LTCAS staff prior to submission.



Summary – Round Three





Further detailed breakdown is given on the next page.

The following projects were approved by the LTCAS Board in June 2010.

Organisation	Partners	Location	Condition	Equalities	Approach	£ allocated
Momentum ^	Voluntary – Grampian Brain Injury Group	North East	Neurological - ABI	Gender	Training, Peer Support, Information	45825
Open Secret ^	Voluntary – Kingdom Survivors, Moira Anderson Foundation	Central West	Mental Health – survivors of sexual abuse	-	Complementary Therapies	48049
COMAS^	NHS Lothian, City of Edinburgh Council – Housing	Central East	Mental Health, Addiction – Drug and Alcohol	-	Peer Support, Training	48787
Aberdeenshire Signposting Project *	-	North East	Mental Health – Post-natal depression	Gender	Support, Information	49307
Castlemilk Stress Centre *	-	Central West	Mental Health, Addiction, Multiple	Disability	Support, Information	20782
Strathclyde Lupus Group ^	-	Central West	Other -Auto-immune - Lupus	-	Information, Awareness raising	17969

Dunoon Link Club ^	-	Central West	Mental Health	-	Information, Support, Peer Support, Counselling	24212
East Dunbartonshire Association for Mental Health ^	-	Central West	Mental Health	-	Training - WRAP	49685
Marie Curie *	-	Central West	Cancer, Neurological - MS, Multiple Conditions	-	Complementary therapies	42895
Intrelate *	Voluntary – Thistle Foundation and Penumbra	National	Mental Health, Multiple – physical and learning disabilities	Disability	Technology, planning	50000
Genetic Interest Group *	-	National	Generic – rare conditions	-	Technology, awareness raising, information, peer support	43311
British Lung Foundation *	NHS, Scottish Centre for Telehealth, Voluntary	National	Respiratory - COPD	-	Technology, support, training, information	50000

Child Brain Injury Trust *	-	National	Neurological - ABI	Age	Information, peer support, Art/Music Therapy	28548
Shared Care Scotland ^	-	National	Generic - carers	-	Information, peer support	40246
Penumbra ^	-	National	Mental Health	-	Support	50000
Fullarton Community Health House ^	NHS – Ayshire and Arran, Voluntary – Arthritis Care, AccessAbility	Central West	Multiple, Mental Health	-	Support, Information	24700
No Strings Attached *	NHS – Glasgow, Voluntary - RSAMD	Central West	Respiratory - Asthma	Age	Information, peer support, music therapy	8398
SKS Scotland ^	-	National	Neurological – ME, Generic	-	Action research	8852
North East Epilepsy Group *	-	North East	Neurological - Epilepsy	-	Support, Information	8050
Nithsdale CVS ^	NHS	South West	Generic	-	Exercise	9850
Target Ovarian Cancer	NHS	National	Cancer - ovarian	-	Information, awareness raising	10000
Tagsa Uibhist ^	-	North West	Mental	-	Information,	5000

			Health		support	
Crichton Hale & Hearty ^	NHS, Voluntary - CHSS	South West	Other - Cardiac	-	Exercise, support	10000
Solar Bear ^	-	Central West	Mental Health	Age	Drama/Theatre	10000
Deafblind Scotland *	Voluntary – Sense Scotland	National	Sensory - deafblind	Disability	Drama/Theatre	9928
Sub-total (round three)						714394
Total (rounds one, two and three)						3999999.54

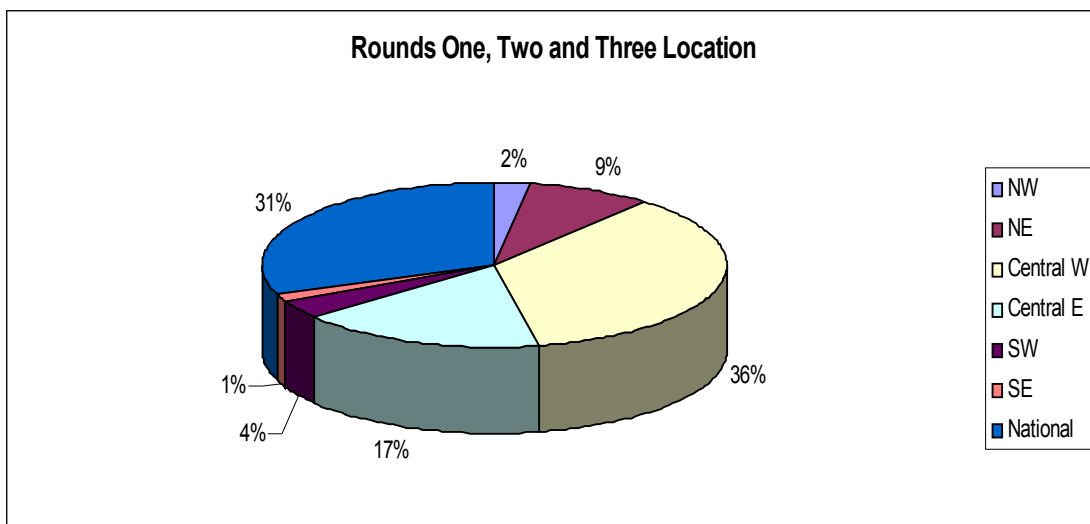
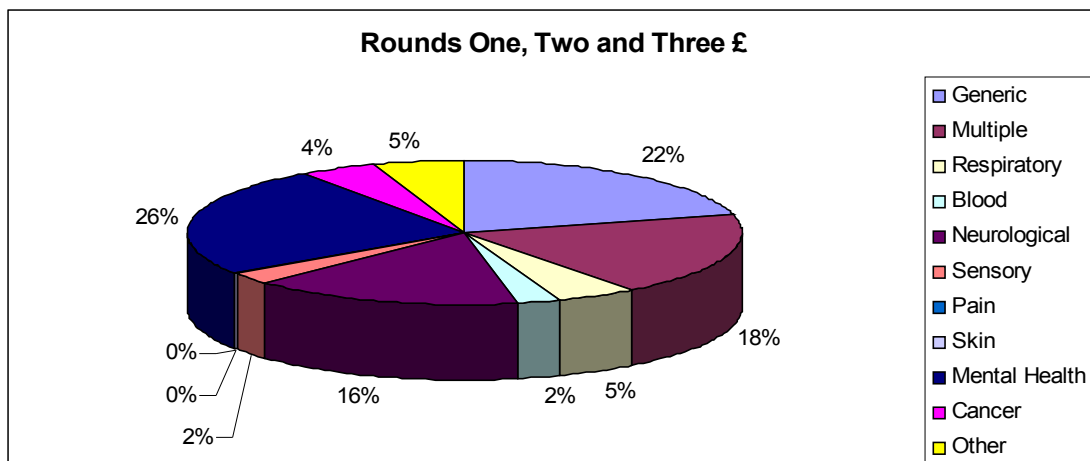
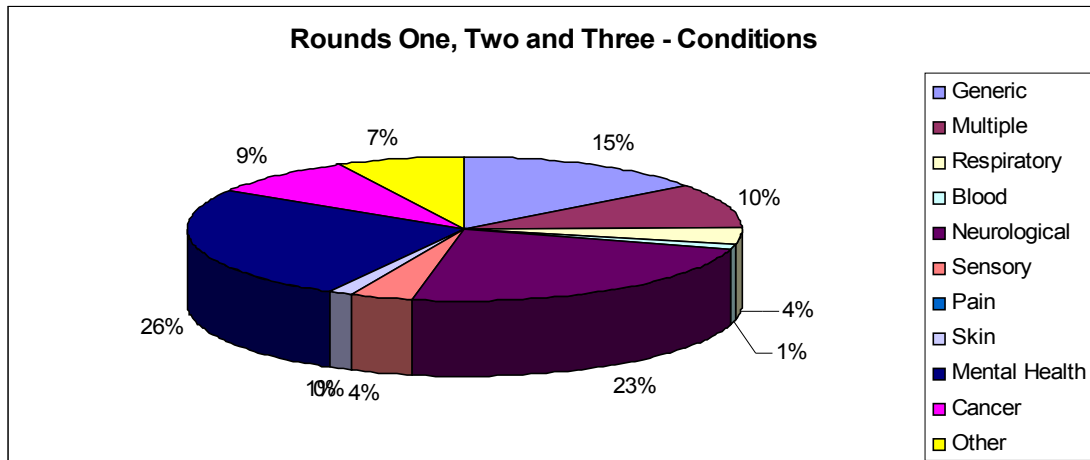
(Main grants Small grants)

(^ received support from LTCAS prior to submission)

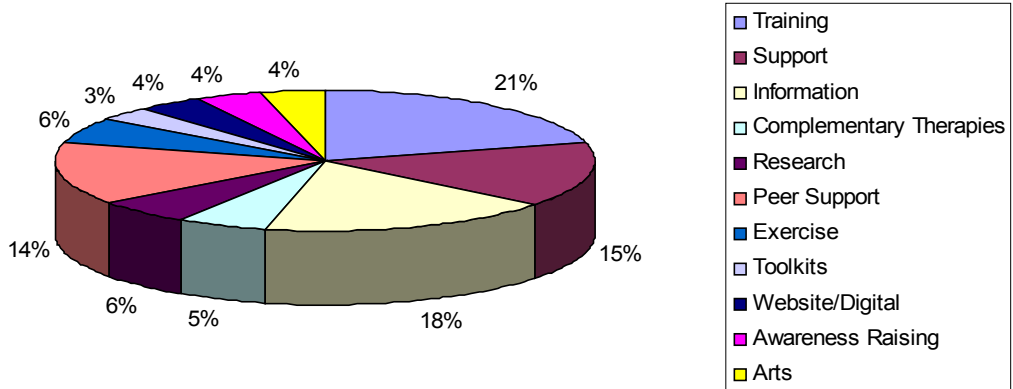
(* encouraged to re-apply following round one and received support from LTCAS prior to submission)

This fully commits the £4million allocated to the first three rounds of the Self Management Fund.

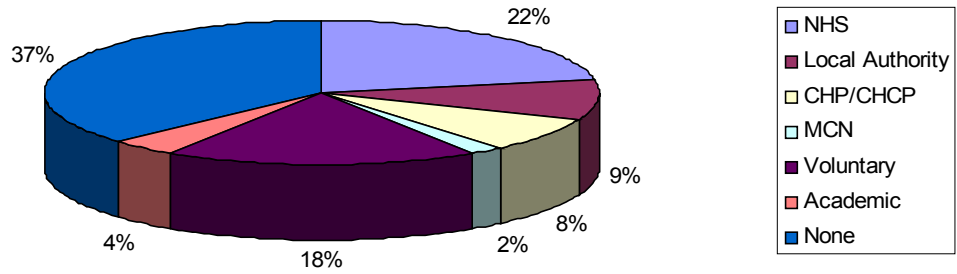
Summary – Rounds One, Two and Three



Rounds One, Two and Three - Approach



Rounds One, Two and Three - Partners



Rounds One, Two and Three- Equalities

